

# AVONVALE EDUCATION SUPPORT CENTRE

Inspiring Dreams, Celebrating Success  
Hutt Street, Northam, Western Australia, 6401

(08) 9621 5250 Avonvale.ESC@education.wa.edu.au



## A Message From the Principal



Dear parents, carers and community members

All going to plan, Term 4 promises to be a fun and rewarding one. Our staff have worked hard over the holidays to ensure everything was in readiness for the return to school on Tuesday. It was wonderful to see our students arrive with smiles on their faces, ready and eager to learn.

Please take note of the Term Planner so you don't miss any of the exciting activities and events planned for the coming weeks. Wednesdays are our main communication day – this is when school notes and newsletters are sent home.

### School and Home Communication

We would like to remind families of the importance of keeping the lines of communication open between home and school. Teachers regularly send messages via email and through the class communication books to share important information, updates, and reminders.

Unfortunately, some messages are not being responded to, which can make it difficult to ensure consistency between home and school. Please check and respond to any communication from your child's teacher to help us provide the best possible support for your child's learning and wellbeing. Your engagement makes a big difference.

### Staffing Update

We would like to welcome the following teachers joining us this term:

- **Marie Morrell** – working with us in **Weeks 1–4**
- **Alanna Vine** – with us for the **entire term**
- **Penny Goodwin-Guppy** – also with us for the **entire term**

We are delighted to have them as part of our Avonvale Education Support Centre team and look forward to their contributions across our classes. We are currently reviewing our **staffing for 2026** and will provide updates once appointments are confirmed.

We were looking forward to welcoming a new teacher who had accepted a contract to commence in Week 3 and continue into 2026. Unfortunately, due to unforeseen circumstances, they have had to withdraw from the position.

### Teacher Appreciation Day – Friday 31 October



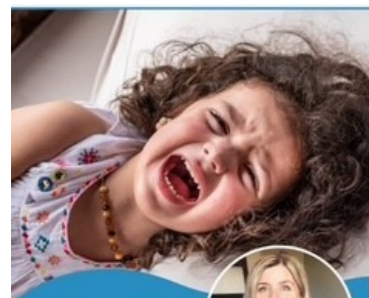
On Friday 31 October, we will celebrate Teacher Appreciation Day. This is a wonderful opportunity to recognise the incredible dedication, care, and professionalism of our teaching staff who make such a difference in the **lives of our students every day.**

We encourage families and students to take a moment to say thank you to their teachers for their hard work and commitment to our school values of Good Attitude, Good Work, and Good Listening.

Michelle O'Brien  
Principal

## PARENTING CONNECTION WA

### FREE EVENT



Parenting Connection WA

### Behaviour, Big Feelings & Self-Regulation

Learn about:

- the neuroscience of dysregulation
- the reasons for emotional dysregulation and how to respond
- building your child emotional toolbox
- practical strategies to deal with challenging behaviour
- practical ways to help children understand feelings and why this matters
- co-regulation and connecting after conflict

Thurs 30 Oct 2025 | 12 - 2pm  
Bridgely Community Centre  
91/93 Wellington St E, Northam  
Light refreshments provided.  
BYO lunch welcomed.

Free Event. Bookings Essential.  
<https://tinyurl.com/rwbpmvz>  
Enquiries: Call 0447 622 736  
WheatbeltPCWA@wanslea.org.au

#### About Karen Young

Karen has worked as a psychologist in private practice, and organisational and educational settings. She is now a sought-after speaker, educator, and consultant, both at home in Australia and overseas.

Karen is the founder of 'Hey Sigmund', an internationally popular online resource that provides contemporary, research-driven information on anxiety and the neurodevelopment of children. She has written six books, including the bestselling 'Hey Warrior' and 'Hey Awesome', which creatively assist children to understand and manage anxiety.



Parenting Connection WA

### Building Courage and Resilience in Children

Learn about:

- what happens in the brain during stress and challenge and how to strengthen the brain towards resilience
- scientifically proven ways to build courage and resilience
- the important 'reframe' that can empower children to move through anxiety towards brave behaviour
- the power of parents to move children towards brave and how to do this
- how to respond to fear or anxiety in the moment to make way for calm and courage

Thur 30 Oct 2025 | 6:30 - 8:30pm  
Bridgely Community Centre  
91/93 Wellington St E, Northam  
Light refreshments provided.  
BYO dinner welcomed.

Free Event. Bookings Essential.  
<https://tinyurl.com/45jetjx9>  
Enquiries: Call 0447 622 736  
WheatbeltPCWA@wanslea.org.au

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### Our Values



Good Listening



Good Work



Good Attitude



### Parking at the Primary Campus

Reminder to parents that the carpark at the front entrance of the school is for ACROD

**Contacting the school** Parents can contact their child's teacher through the students communication book, via email [avonvale.esc@education.wa.edu.au](mailto:avonvale.esc@education.wa.edu.au) or via the school office between 8:30am-3pm or to arrange a time to speak with their child's teacher or the school Principal. [9621 5250 Primary Campus](tel:96215250)

School Diary	
Friday 31 October	Halloween/ Teacher Appreciation Day
Monday 3 November	Lego League
Wednesday 5 November	Kalability Soccer
Tuesday 11 November	Remembrance Day
Friday 20 November	Bee Incursion
Friday 20 November	School Council 2pm
Tuesday 2 December	12 Days of Christmas Begins
Tuesday 9 December	Wildoz Wildlife Incursion
Wednesday 10 December	Christmas Stall
Wednesday 17 December	12 Days of Christmas Ends
Thursday 18 December	End of Year Ceremony and Students Last Day
Week 10	Reports Sent Home



## Student Birthdays

### November Birthdays

*Daisy, Jacob, Aria, Benjamin, Yuvaan*

**SAVE THE DATE**

INTRODUCING  
**CAROLS ON FITZGERALD**  
**2025**

**Friday 5 December**  
 5pm - 9pm

*Traditional Kids Games • Silent Disco  
 Roaming Entertainment • Family  
 Craft Activities and more...*

Combined Churches of Northam  
 NORTHAM CHAMBER OF COMMERCE  
 Shire of Northam

### No hat No play

We are a sun smart school and as such, the centre has a "no hat no play" policy". Students need to wear a hat during recess and lunchtime as well as any additional outside activities including swimming.



# DINOSAUR BONES



Our students enjoyed the *Life Long Ago* fossil dig workshop.

They searched through large sandboxes to locate fossils from some of the most iconic dinosaurs of the past, Tyrannosaurus Rex, Stegosaurus and Triceratops. Some of the things they learnt were, when each dinosaur lived, where they came from and what they ate.

